



ADDITIONAL SUMMER TERM CROSS COUNTRY EVENT – NEW BRIGHTON DIPS - MONDAY 26TH JUNE 2023

ARRIVAL & REGISTRATION TIME: 4pm - START TIME: 4.15pm

This additional cross country event is thanks to Anna from New Brighton Primary School and organised by her with Steve, Andy & Mark from Wirral Primary Cross Country Association on behalf of all schools that wish to participate. Please contact Anna, Andy or Steve within the XC WhatsApp group for further information. To be added to the WhatsApp group, text Andy on 07891 425272.

- This event includes both a 'typical' cross country event followed by a relay race and will therefore last longer than usual (plan for approx 90+ minutes).
- **Please note: Organisation of both events is DIFFERENT TO USUAL - Please read the details below!**
- There is NO cost for this event.
- RACE ORDER: Y4G, Y4B, Y5G, Y5B, Y6G, Y6B

Course Map



Points of Note:

- **First Aid**

Each school is responsible for the first aid of their pupils at all race events, including minor cuts and grazes, breathing difficulties, administering medicines (i.e. inhalers), etc.

- **Behaviour**

It is each school's responsibility to ensure the behaviour of their children and spectators. Please be vigilant and ensure that no one obstructs the runners at any point, especially at the end when they may be waiting for their number.

- **Spectators**

Spectators must remain in designated areas at all times. Please help reinforce this message to the spectators in your party.

Organisation of Main Races

- Races are over two laps, in total, about 1200m on grass.
- No spikes or boots are to be worn.
- There are six races at this meeting - Y4 girls, Y4 boys, Y5 girls, Y5 boys, Y6 girls, Y6 boys. There is no limit on numbers of pupils a school wishes to bring along. The more, the merrier!
- Each school needs a nominated adult as team manager who will direct children and collate the school results.
- Each school will receive a results recording pack. There are two small results cards where you indicate your fastest 4 boys and fastest 4 girls positions overall. These are used to work out the winning teams. Please return these when asked for.
- Medals will be awarded to the first six individuals of each race. Medals will be awarded to the first three teams. No child shall win two medals. If a child is in the first five and is a member of a winning team, then the team medal shall be passed down to the next fastest member of the team.
- Scoring – At the end of a meeting your four best scores on your team cards will give your teams scores (boys team separate from the girls team). Team totals (for complete teams) are entered on a card and should be handed in at the end of the race. Results are not sent out to schools and are only announced during the presentation.

Organisation of Relay Race – Plan your teams ahead of time, please!

1. Schools may enter **three teams**. These should be a mixed Y4 team, mixed y5 team and mixed y6 team.
2. The teams are **mixed** and are to be made up of 3 boys and 3 girls running in any order.
3. Each child will run 800 metres on grass (no spikes or boots) no batons, just touch of hand.
4. Your Y4 team should have a large Y4 on their vest. The Y5 and Y6 team should be identified in the same manner. A number should be added to show which leg they are running (i.e. Y4-1, Y4-2, Y4-3, Y4-4, Y4-5, Y4-6. Y5-1, Y5-2, Y5-3 etc) Year group identifiers with numbers should be attached to the front of the vest. I have safety pins available.
5. Medals will be awarded to the first two teams in each year group.

Wirral Primary Cross Country is supported by Wirral AC. For more information on Wirral AC, their Foundations Athletics Group, Endurance Programme and all training opportunities, please contact Vicky Cowan on: GeneralSecretary@WirralAthleticClub.co.uk